

16 June 2025

## Safety: Empowering K1 Team with First Aid & CPR Training

Safety is more than just a priority. It is a shared responsibility. On 4 June 2025, a two-day training session on First Aid & Cardiopulmonary Resuscitation (CPR) was conducted in K-One's manufacturing hub in Ipoh to train and equip our team with essential life-saving skills.



*En. Faisal, Trainer and K-One's dedicated participants!  
Each smile represents their commitment.*

The training was conducted by En. Faisal from Code One Medical Services, a trusted partner of MyResQ, a medical app created by a group of doctors to quickly alert rescuers to hasten emergency response time. This app provides the public with the last-mile emergency response which is a vital link to the chain of survival. It has one of the most

comprehensive databases for automated external defibrillators (AEDs) with 360 registered under the app.. MyResQ helps to connect to about 5,805 qualified and certified rescuers while giving the precise location of the emergency after activation.



*Demo of CPR and life-saving techniques by the trainer.*

Participants were trained on first aid procedures, identifying vital signs, types of bleeding, musculoskeletal injuries, managing medical emergencies and CPR techniques. The CPR training was conducted to cover all phases of life; including infant, child and adult. The workshop was designed

to prepare the K-One team to respond effectively during an emergency situation.

Furthermore, the staff also learnt how to use an AED under the guidance of the trainer. In a cardiac arrest emergency situation, CPR and subsequent use of the AED are vital. Swift action makes the difference as when the heart stops, there is no oxygen supply to the brain which will lead to brain damage.

Recognising the vital role AEDs play in emergency response, K-One is proud to be a distributor of Mindray's AED for the non-hospital market segment in Malaysia.



*Hands-on CPR and practise by all participants.*

Beyond acquiring technical skills, the training session fostered teamwork, confidence and preparedness, which reinforced the Group's commitment to providing a safe workplace.



*Understanding life-saving equipment is essential to prepare us for emergencies. Trainer is guiding on the essentials of AED and its usage.*

K-One sincerely appreciates the enthusiastic participation of its staff and the professionalism of the trainer in making this program a great success. We are proud that at the end of the two-day training session, all twenty two participants were certified as Advanced Occupational First Aid practitioners. The next training session will be conducted for K-One's staff based in the KL/Klang Valley premises in the next couple of months Stay tuned for the next training date!