K-OneNews Flash

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Health Talk & Practice

Workplace health and safety practices are central to an organization as they help raise awareness of the importance of maintaining a healthy and safe working environment. Even in workplaces that seem safe, many types of emergencies can happen. Whether the illness or affliction is caused by work, quick intervention by a trained first aider can prevent minor injuries from becoming serious. Timely first aid intervention can also decrease the chance of permanent damage and reduce the length and extent of medical treatment.

Integral to the K-One Group is the management's commitment towards health and safety of staff at the workplace. The Group actively inculcates this message through regular health and safety awareness campaign and training which help ensure that staff are not injured or caused to be ill by the work performed and at the same time develop a positive health and safety culture.
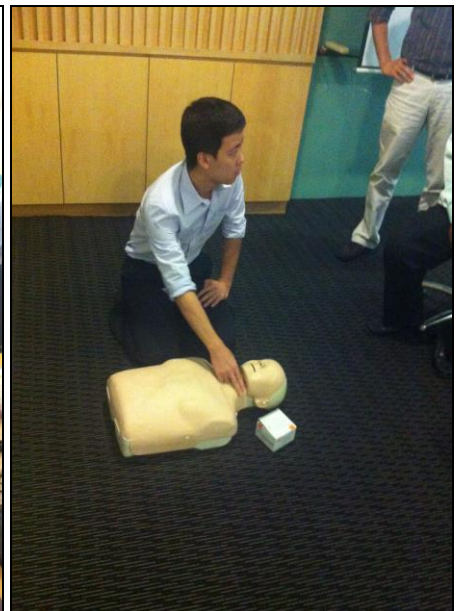
First Aid cum CPR training for staff at the Petaling Jaya Headquarters

In May 2014, external professional First Aid trainers were brought in to conduct training in First Aid cum Cardio Pulmonary Resuscitation (CPR) for staff at our offices in Petaling Jaya and Ipoh respectively. The Petaling Jaya HQ and the Ipoh factory each had 15 and 25 staff successfully completed the First Aid cum CPR training.

First Aid cum CPR training for staff at the Ipoh factory

Staff were taught First Aid basics such as emergency care for wounds and bleeding, fractures and dislocations, poisoning, burns and practical lessons on CPR.

Hands-on learning the fun way

Staff getting practical life savings tips

As a Group that advocate principles of good health and safety practice, the recent 'Health Talk and Practice' sessions has helped encouraged the staff to be competent in health and safety matters. Investments in First Aid training will certainly go a long way to equip staff to be prepared at all times and have the knowledge to respond effectively in emergency situations.