

K-One News Flash

8 April 2016

K-One Corporate Fitness Programme

The K-One Group's Management is mindful of the advantages of having a healthy workforce. More than just investing in our staffs' health insurance coverage, the Group took a step further by kicking-off with hip hop dance fitness classes for our staff working out of the Ipoh plants. The corporate fitness programme purports to inspire our staff to be healthy, happy, energetic and productive. Fitness, also one of the team building strategies, would positively enhance our staffs' fitness, reduce stress, boost morale and build a sense of camaraderie with each other.



Fitness revolutionized - keeping fit the fun

On a separate note, our staff also led our overseas customers for a weekend of getaway trekking up and down the Cameronian valley in Cameron Highlands, Pahang.



Trekking in Cameron Highlands

The K-One Group is always looking for ways to make our workplace a great place to work and to have fun at the same time. With minimal investment, we envisage the net result would be an engaged and productive team that performs at a higher level - everybody wins!